

CHANGING LIVES TOGETHER

Role Description

Art/Crafts Facilitator for Wellbeing session (Weekly) **Employer:**Blackfriars Settlement

Ad Christodoulou

Service area Mental health and Well-being service

Employments Status: Volunteer

Duration: Minimum of 3 months

Availability: Thursday afternoons - 3 hours

Role summary:

We are looking for volunteer artists /Crafts people with an interest in mental health and art and creativity as part of a recovery journey. We want to be able to provide continuity for our members, so are looking for people who can commit for at least 3 months.

Responsibilities:

- Support the mental health and wellbeing services creative art sessions.
- Contribute to the development of the students.
- Take part in preparing and delivering the service.

Role requirements:

- Warm, welcoming, calm attitude, and friendly personality
- Good listening and communication skills
- Flexible and able to take initiative.

What you will gain:

The volunteer will gain experience of working in the mental health field within a community organisation. This is an opportunity to practice and develop communication and teaching skills as well as helping to make a difference in the community, and improving the lives of our members. Volunteering at Blackfriars Settlement will give the volunteer some knowledge and experience of working in the voluntary sector.

You would be supported by our experienced team of mental health professionals. The space at Blackfriars Settlement is user friendly and well-equipped.

If you would like to become part our charity dedicated to serving our local community, please contact us for an application form by emailing eva.henry@blackfriars-settlement.org.uk or calling 0207 960 4619. Alternatively you can download the application from our website.